

Inaugural Ohio State Sports Medicine Summit

“Guidelines for the Sidelines”

Wi-Fi Information:

Ohio State faculty, staff and students will automatically connect to **osuwireless** inside Ohio Stadium and should not need access to **osuFanWifi**. Non-Ohio State faculty, staff and students can access Wi-Fi by selecting **osuFanWifi**.

Agenda

7:00am – 7:45am Registration (continental breakfast in the hallway)

Session 1 (Combined) Location: Varsity O Room

7:55am – 8:00am Welcome – Bryant Walrod, MD

PREPARATION

8:00am – 8:20am The “Team” Behind the Team – Speakers: Bryant Walrod MD, Shaun Barnhouse, ATC, Adam Stewart, PT, ATC

- a. Coordination of Care Across the Spectrum of Medical Providers
- b. The Physician- Athletic Trainer Relationship

8:20am - 8:40am Athletic Event Medical Coverage Planning – Kendra McCamey, MD and Katie Walker, ATC

Preparation for Game Day

- a. Emergency Action Plan (EAP)
- b. Preparation Outside of the EAP
- c. Gameday Planning
- d. Medical Time Out

GAME TIME

8:40am – 9:00am On-field Medical Emergencies: Cardiovascular/Neurologic – Speaker: Larry Nolan, DO

- a. Head Injury/Concussion: On-field Considerations: Make the Call
- b. Coach/Referee Medical Condition
- c. Stingers



- 9: 00am – 9:20am On-field Orthopaedic Emergencies: Dislocations, Fractures – Speaker: Tim Miller, MD
- a. LE Dislocation
 - b. UE dislocation
- 9:20am - 9:30am Audience questions for panel
- 9:30am – 9:45am **Break** (light refreshments in hallway)
- 9:45am – 10:15am Live Demonstration of Helmet Removal and Spine Boarding – Speakers: Steve Albrechta, MD, Jason Rule, ATC, Alex Garnaut, PT
- a. Unconscious/Suspected C-spine Injury Demonstration/Airway Management
 - b. Spine Boarding, Facemask, Shoulder Pad, and Helmet Removal
- POST GAME**
- 10:15am – 10:45am Post-game Training Room/Locker Room Evaluation – Speakers: Ryan Rauck, MD, Tyler Deam, ATC
- a. Locker Room Surprises (Unreported Injuries)
 - b. Post-game Injury Workup
 - c. Post-injury Follow-up Planning
 - d. Debriefing with Athletic Trainers and Medical Team
 - e. Interacting with the Stakeholders (Injured Athlete, Parents, Coaches, Agents and Media)
- 10:45am – 11:00am Audience Questions for the Panel
- 11:00am – 11:20am **Lunch** (box lunch available in hallway, return to Varsity O room to eat and enjoy keynote speaker)
- 11:20am – 12:00p **Keynote Speaker Presentation:** *Evolving Responsibilities of the NFL Team Physician: Then and Now* – Speaker: Scott Rodeo, MD



Session 2 (Concurrent Sessions)

Session 2A (Non-Operative) – Location: Huntington Club 1

Moderator: Kendra McCamey, MD

Endurance Athletes

- 12:30pm – 12:50pm Issues Affecting Endurance Athletes - Compartment Testing - Speaker: Bryant Walrod, MD
- 12:55pm – 1:15pm Runner's Performance Clinic Overview – Speakers: Bryant Walrod, MD, Melissa Gallatin, PT, Brooke Starkoff, PhD, RDN, LDN, Kacie Vavrek, MS, RD, CSSD, LD

Minimally Invasive Procedures

- 1:20pm – 1:40pm Extracorporeal Shock Wave Therapy for Tendinopathy – Speaker: Mike Jonesco, DO
- 1:45pm – 2:05pm Orthobiologics – Speaker: Mike Baria, MD
- 2:10pm – 2:35pm Tenex – Speaker: Bryant Walrod, MD
- 2:35pm – 2:45pm Audience Questions for the Panel
- 2:45pm – 3:00pm Break and return to main room (Varsity O room)

Session 2B (Surgical) – Location: Huntington Club 2

Moderator: Grant Jones, MD

"Help! I've Wrecked this Case. Get Me Out of this Jam!"

- 12:30pm – 12:55pm Shoulder Surgical Case – Presenter: Ryan Rauck, MD
- 12:55pm – 1:20pm Elbow Surgical Case – Presenter: Ryan Rauck, MD
- 1:20pm – 1:45pm Hip Surgical Case – Presenter: John Ryan, MD
- 1:45pm – 1:55pm Break
- 1:55pm – 2:20pm Knee Surgical Case – Presenter: Tim Miller, MD
- 2:20pm – 2:45pm Ankle Surgical Case – Presenter: Kevin Martin, DO
- 2:45pm- 3:00pm Leg Surgical Case – Presenter: Tim Miller, MD
- 3:00pm Return to main room (Varsity O room)



Session 2C: (Rehabilitation) – Location: Varsity O Room

Moderator: Caroline Brunst, PT, DPT, SCS, OCS, AT

12:30pm – 12:55pm “Labral Pathology – Rehab Considerations Across the Spectrum of Care”

1. Non-op: Dan Deleandro, PT, DPT, CSCS
2. Op: Greg Hock, PT, DPT, OCS

1:00pm – 1:25pm “To Scope or Not to Scope: That is the Question – Treatment Strategies for FAI”

1. Non-op: Sarah Depp, PT, DPT, OCS
2. Op: Stephanie Di Stasi, PT, PhD

1:30pm – 1:55pm “Patellar Instability – When Do We Intervene?”

1. Non-op: Kat Rethman, PT, DPT, SCS
2. Op: Evan Luse, PT, DPT

2:00pm – 2:30pm Lab: Blood Flow Restriction Training and Dry Needling: Caroline Brunst, PT, DPT, SCS, OCS, AT

2:35pm - 2:50pm Audience Question for the Panel

2:50pm – 3:00pm Break

Session 3 (Combined) Location: Varsity O Room

Wrap Up

3:00pm – 3:20pm Questions and Answers for all Faculty – Moderator: Kendra McCamey, MD

3:20pm – 3:30pm Closing Remarks and Course Evaluations - Kendra McCamey, MD

